

[HOME](#)[ABOUT](#)[GALLERY](#)[CONTACT](#)

# Art as a Journey of Recovery & Self-Expression

Discover the autobiographical works of Peter Lyons

[Explore My Art](#)

## About Me

My work is autobiographical and forms the bedrock of my recovery from alcoholism. For ten years I was a member of a therapeutic community during which time I completed a BA and MA at the University of the West of England.

[More About Me](#)



## From Film to Painting

During my time at UWE, I was steered away from painting and made films. Since leaving, I have found that I can connect with my roots better through the medium of painting. Painting makes me feel grounded and allows me to express myself in non-verbal language.

[View Gallery](#)

### Upcoming Solo Show - The Eye of the Beholder

From 10am to 4pm on the 22nd of October to 30th of October. Located at Totterdown Emporium, 109 Wells Road.

### Collaborative Works

Since leaving UWE, I have worked in a curatorial role with a group of artists. Together, we have put on seven or eight shows around Bristol. As a group, we provide mutual support, feedback, and suggestions for development.

